



City International School

Off New Andheri Link Road, Oshiwara, Andheri (W), Mumbai 400102



Spectrum Volume 3 NOV to MAR 2013 – 2014

THE IMPORTANCE OF QUALITY PRE-PRIMARY EDUCATION

'Tell me and I forget, teach me and I may remember, involve me and I learn.'

Benjamin Franklin



Teaching the students of pre-primary brings the same joy as it would to parents watching their child take his/her first step. The first step is when a child opens his/her mind to the world of knowledge and learning. It is a well known fact that the first few years of a child's life is the time of tremendous physical, cognitive, emotional and social growth.

Moreover, during the impressionable years of their lives, it is essential for children to be introduced to, and be made to feel a part of a learning environment enriched with academics, physical activity, social interactions, and discipline. Early access to knowledge and skills can tremendously improve students' performance throughout their academic years. Furthermore, research in psychology has established that cognitive stimulation early in life is an important factor for long-term skill development.

Our team of highly experienced and capable teachers at City International School is constantly striving to build a platform through which our students can embark on a journey to learn, explore and experience a well-rounded academic life. We believe that every student must begin school with an equal opportunity to achieve his/her full potential. To that end, our curriculum is developed with a mission to build the mind and character of every student. Our teaching staff stays abreast with the latest teaching methods by attending workshops and seminars and collaborates with various academic institutes to share and develop new ideas that would ultimately benefit the students. We pave a way to a lot of creativity into our coursework in the form of a different theme each month, organizing field trips to various places of interest, and celebrating festivals and other key events at schools. We also involve our students in charity projects by encouraging them to donate books, stationery and toys to the underprivileged students of certain other schools. In addition to that we begin to inculcate a sense of responsibility towards our environment by urging students to use recycled paper bags and to play a role in the preservation of the trees and plants around us.

As a supervisor, I have tried to develop a stimulating learning environment for our students. My regular visits to the classrooms keeps me connected to the students and helps me monitor their progress regularly. Occasionally, it is imperative for me to draw upon my several years of teaching experience as I work with students that require a little extra care and attention either on an academic or personal front. It has been a rewarding experience for me to see pre-primary children now bloom into young well-rounded adults and going from strength to strength in every aspect of their lives. I have been fortunate enough to be a part of City International School right from the foundation stages and contribute to their growth. The remarkable academic performance of our students is reflected by the tremendous growth and success our school has had as an astute academic institution over the years. Watching our naïve curiosity-driven pre-primary students transform into academically sound and well-rounded young adults is truly rewarding and a reason of pride for me.

Ramindar Gill, (Pre-Primary Supervisor)



City International School

For feedback and queries log on to www.cityinternationalschool.edu.in

YOUNG STARS

THE TINY TOTS OF THE CITY PREP SCHOOL PARTICIPATE ENTHUSIASTICALLY IN MANY INTERESTING ACTIVITIES CONDUCTED BY THE TEACHERS IN THE PRE-

Fancy Dress was one activity where the students participated actively and also enjoyed thoroughly. They dressed and acted as colorful birds and animals. Children have always had love and affection for animals. This activity helped to inculcate a sense of responsibility towards their fellow creatures who share this planet with us.



Sports Day was a major attraction of this term. Our little angels dressed as animals as the theme for the Sports Day was 'Save Animals'. They tapped their feet elegantly during the drill display and participated in the races. Both the parents and the teachers were proud of their little ones.

This time the concept of 'Transport' was introduced in an interesting way. A Mini Traffic Theme Park was displayed in one of the classes with toy cars, Zebra Crossing, Signal Junction and a Traffic Policeman. Students enjoyed thoroughly and learnt the concept. They were also taught about the safety measures to be taken on the road.



An Educational Trip to McDonalds was organised to introduce the concept of 'Community Helpers' among the students. Children were taken around the kitchen and guided by the staff of McDonalds.



Prep-Graduation was conducted to bid adieu to our Senior Kindergarten students who have graduated to the Primary Section.



In our school we have formed 'Young Global Citizens Club' to conduct Socially Productive Activities to spread awareness among the students. We try to intervene the same in Pre-Primary Section.



- > Under Antariksh, a power point presentation was shown to the children explaining about the Solar System, Planets and Asteroids
- > Under Green School Movement, 'Save Our Natural Resources' theme was taken up where in the little students canvassed all around the school along with their placards to spread the message on 'Saving Water' and 'Save Electricity'.



I'm an ARTIST





Simply SPORTS



MY COLUMN

MOTHERS ARE PRICELESS

MY DOLL
 I have a very pretty doll;
 She is oh- so cute;
 I bought her from a mall;
 She's a darling absolute!
 My dolly dresses well,
 (Her choice is quite nice)
 But one can never tell,
 Whether she likes sugar or spice.
 When there are doll fashion shows,
 She wins each time she takes part,
 She has on her hair red bows,
 Ramp walking is her art.
 My doll is the most pretty;
 Go North, South, East or West;
 Among all the dolls the city
 My dolly is the best!
RASHA DALVI – IV C



One whose heart is a mirror of love.
 Mother is an angel of selfless love,
 She is a picture of warmth
 And true essence of life.
 Her love is immeasurable,
 She brings happiness and sunshine into our life,
 She heals the agony,
 She sacrifices her happiness and adds it
 To each moment in our life,
 She opens a world of joy,
 Her love refreshes each day,
 She comforts and supports forever
 She is the most beautiful creation.
 She only gives, never takes
 She is the spring of all seasons,
 She is the pious image of sacrifice,
 She is our lifelong friend,
 Her love stays like an eternal shadow.
 From the one who admires you and loves you the
 most.
Aradhita Mukherjee VII C



पेड़ का दुःख
 (दो पेड़ आपस में)
 १. आज हम एक दूसरे से आखिरी बार मिल रहे हैं। मुझे बहुत दुःख हो रहा है क्यों कि हमने इंसानो को इतनी मदद की फिर भी वे हमें तोड़ रहे हैं।
 २. हमने इन्हें छाँटा, साग सब्जी सब दुःख दिया फिर भी वे हमारे साथ धोखा कर रहे हैं।
 १. हमें तोड़ने से प्रकृतिक - चक्र बिगड़ जाता है ये बात इंसान की समझमें नहीं आरही है। इसकी वजह से बारिश भी नहीं होगी, बारिश नहीं होगी तो पक्षी, प्राणी मानव पानी के लिए तरस जाएँगे, सूखा प ड जाएगा।
 २. हाँ। इस तरह इंसान अपने ही पैर पर कुल्हाडी मार रहा है।
जैद राना - ९ ब



WHEN EXAMS ARE NEAR

When exams are near,
I am full of fear.
We find Math tough,
As it is full of stuff.
Biology is very easy,
But Physics and Chemistry keeps me busy.
Geography is confusing,
Though it is amusing.
History starts from the past,
So I have to learn it fast.
I can't match Marathi,
Oh! With its wide variety.
But without these subjects,
There won't be any other subjects.
Its better that I set my mind to study,
Pull up your socks my dear buddy.
No time to go to out and have pizza,
Burger and fried rice
Whether it be tasty, yummy or superbly nice
Well here comes Goddess Durga along with
Navratri,
What celebration when studies are carried out
with ratries
When exams are near,
I am full of fear.

Shriya Jajula VIII-C



Students
A+
Work



The Night of 26th November, 2008
It's been five years
Since our lives have changed forever.
I still shudder at the mayhem caused
As our tolerance they tested.
We'll go weak on our kneel,
They had thought it seems,
But they were mistaken badly,
Because we are united as Indians undoubtedly.
They wanted to hurt, they wanted to kill
They tried to give as many
A wound that may never heal
But they failed, like they should.
They ignited our minds,
To leave religious issues behind
And fight for our country
They united us undoubtedly.
I salute the brave cops, the armed forces,
Their resilience strong and hours
The saviour from the tormenter
I thank them again five years later
Today I pray again
Her everlasting peace and freedom from fear
A life without tear
A life without pain.
AYESHA GILANI IV - A

Gratitude

Thank you Lord, our savior,
For forgiving us in the worst of our behavior,
For creating the universe
And for fulfilling our wishes without a curse.
Thank you mother, God in disguise,
For stopping us from telling lies,
For shouting and correcting at our wrong
doings, We do, to our mother, a lot of ow-
ings.
Thank you father, our teacher in disguise,
For telling us what is wrong or right,
For teaching us Math and Science at any
time of the day,
Lets go to the mall! Let us shop! Let him
pay!
And thank you teacher, our mother, father
and God in disguise,
For moulding our minds and keeping us
alive,
For keeping our brains busy and never
letting it rest,
Teacher, thank you so much you are always
the best.
Thank you for keeping calm,
And living up to our unreasonable demands,
Little do we do to show our gratitude,
Thank you so much for your fortitude.

SHREYAA MOHAN VIII C



The little Plant

In the heart of a seed
Buried deep, Oh so deep
A dear little plant
Lay fast a sleep
"Wake", said the sunshine
"And creep to the light"
"Wake", said the voice
Of the raindrops bright.
The little plant heard
And it rose to see
Just how wonderful
The world might be!
By - Vansh Patel



कोषी
एका पिझाने दुसऱ्या पिझाला काय बोलल?
पिझाहट
सांताच्या कूजला काय बोलावे?
सांताकूज
देशाचा मंत्री संध्याकाळच्या वेळी का फिरायला जातो?
कारण तो पी.एम आहे.
खुटल्या देशाच्या लोकांना जास्त भूक लागते?
हंगरी अर्थव तायडे ७ ची क

Mentor's Zone

मी पाहिलेली पहिली सर्कस

जेव्हा मी सर्कस हा शब्द ऐकतो तेव्हा माझ्या मनात फक्त एक विचार येतो. पक्षकांचे मनोरंजन करायला वेगवेगळ्या प्रकाराचे कार्यक्रम सादर होतात. त्यातील सर्कस हा एक आहे. एके दिवशी सकाळी बाबा वर्तमान पत्र वाचत होते. तेव्हा बाबांनी मला आणि आईला बोलावले. त्यांनी आम्हाला सांगितले की अहमदाबाद गोल्डन सर्कस स आली आहे व ती दोन आठवड्यांसाठी ह्या शहरात आयला कार्यक्रम सादर करेल. त्यांनी आम्हाला सांगितले की आपण सर्कस पाहण्याला जाऊ मला फार आनंद झाला. कारण मी सर्कस कधी पाहिली नव्हती.

अनिवारी आम्ही गोल्डन सर्कसच्या बारावा रोड पाहण्याला घसन निघालो. तिथे एक सोनेरी तंबू होता. बाजूला काही टीकीट विडक्या होत्या जिथे मोठी गर्दी जमली होती. बाबा टीकीट घेऊन आले, मग आम्ही आत शिरलो. तंबू आमुन्ही सोनेरी रंगाचा होता. तंबूच्या मध्यावर एक मोठा लाकडाचा कटडा असलेले रिंगण होते. तंबू खुपच उंच होता. त्याला खुप दोरगांड व झोपाळे बांधलेले होते. रिंगणा भोवती काकडो व खुर्च्या बसण्याकरता मांडलेल्या होत्या. ज्या बाजूने आम्ही आत आलो, त्याच्या विरुद्ध बाजूने सर्कसीतील कलाकारांना येण्याकरता मोठे कमान असलेले दार होते. आम्ही आमच्या बाकांवर जाऊन बसलो. घोंड्या वेळान कार्यक्रम सुरू झाला. पहिल्यांदा मध्यभागी असलेल्या रिंगणात काही जोकर आले. त्यांनी रंगीबेरंगी कपडे घातले होते व ते वेगवेगळ्या उंचीचे होते. त्यांनी वेडेवाकडे धाळे करून सर्कस पांना खुप हसवले. मग काही मुले मुली आल्या त्यांनी विविध आणि थोकादापक करतही करून दाखविल्या. नंतर फटफटीयरील करतही सुरू झाल्या. त्यातील 'मौल का कुंआ' नावाची करत धितधराकर होती त्यानंतर गोल पळणाऱ्या घोंड्यांवर कलाकारांनी वेगवेगळ्या करतही सादर केल्या. सायकलवरील करतही जोकरांनी सादर केल्या.

नंतर संपूर्ण रिंगण भरेल अशी नाचलंनची जाळी घोंड्या उंचीवर लावण्यात आली. उंच बांधलेल्या झोकावर मुले मुलीचा बाँडच्या तालावर नेत्रदिपक रोळ झाला. जेव्हा सर्व कलाकारांच्या कवापतीनंतर सर्कसीचा रोळ संपला. मला सर्कस पाहण्याला खुप मज्जा आली, आणि एक नवा अनुभव मिळाला.

सोहम देवघर ८ वी व



RECIPE FOR SUCCESS

INGREDIENTS

- 2 cups of hard work
- 2 cups of concentration
- 1 cup of understanding
- 1 cup of confidence
- 1 cup of neatness
- 1 tablespoon of prayer

METHOD

Mix 2 cups of hard work and a cup of confidence together. Then add 1 cup of understanding and stir well. To make it more attractive add 1 cup of neatness and for better results sprinkle prayer.

RESULT: - SUCCESS

VISHAKHA TRIPATHI - IV D



JOY

When the whole world suffered
Cause some humans had erred,
Careless people, oppressive people
Reigned a rule of terror.
Came a savior whom all loved,
Was he a true God in stature?
Jesus was his name
To save all of us he came.
His birthday we all celebrate,
On 25th December, a day so great!
Vacations we shall enjoy
And bring in the New Year with great joy.

Jaishruti Mahadevan VIII C



SEEDS FOR THE GARDEN OF LIFE

I bring these seeds for life
Listen, sow them and
Make life a beautiful garden.
Whatever you do in life
Do it wisely and on time.
Don't be late
To remain outside the gate.
Be honest all the time
Even if there is no reason or rhyme.
If you are dishonest
You will not have any one's trust.
Obedience is an Ornament
It suits all temperament
Disobedience often tries to bloom
Remember, if you follow, it will take you to doom.
Love all, your enemies as well.
That keeps you and others off from the knell
Hatred ruins life and relationship
Don't take it even with a whip.
You need to be sincere
As you live on earth here
If you are not sincere
Your days of trouble may be near.
Appreciate others from the heart
If not, don't criticize
To show that you are smart.
Respect one and all
For you won't become small
If you disrespect others
Anyway you don't grow feathers
Be the first one to forgive
That's how you show mercy
If you do not forgive
Unforgiveness in you will look
A worn out jersey
In the garden of life.
You can be a lovely plant.
Water it, nurture it and
Trim it when you need
For you can be a beautiful flower
Spreading fragrance indeed.
God has created us to be beautiful
Let's thank God for all that He does.
Be punctual to follow goodness
You can turn out to be a beautiful flower.

Ms. Effie Mathias



कामचोर
काम की चोरी करे कामचोर
काम से ही बस डरे कामचोर
नासाज तबीयत का ले बहाना
काम से ही बस बचे कामचोर
बातों के मारता बड़े तीर
धरता नहीं वो क्षणिक धीर
अपने मुँह मियाँ मिट्टू बनकर
अपनी ही बडाई करे कामचोर
चापलूसी लोंगो की करकर
मुँह राम बगल छुरी धरकर
दीन धरम इमान से बढ़कर
अपनी तोंड फुलाए कामचोर
कामचोर तब बोला हँसकर
अपने सारे दौँत दिखकर
झाँककर देखो अपने अंदर
सब में है इक छोटा कामचोर
अपने मन को दृढ बनाकर
कामचोरी को दूर भगाकर
जीना सदा मेहनत की खाकर
कभी न कहलाना कामचोर
हिंदी शिक्षिका :- संगीता पांडे





School Activities

Republic Day is celebrated on the occasion of commencement of our Constitution on 26th January, 1950. This year we celebrated 65th Republic Day in our school with fervor and great enthusiasm. The event was graced by Wagh Sir and Principal Ma'am. We had the flag hoisting ceremony followed by a speech given by Wagh Sir. To add some element of fun, we had a couple of dance performances. Honours day was celebrated to honour the students who have excelled academically. Students were awarded certificates for their excellent academic performance. The last but not the least was the most awaited event, the Investiture Ceremony where the results of the elections were announced. The new council was elected and the badges too were given. Wonderful beginning of the day which brought smiles to everyone's faces and developed patriotic feelings among the students.

- BBC Reporter Upasana Shah IX B



Christmas was celebrated at CIS on the 23 December 2013 with full enthusiasm.

The dress code for the day was red, white, golden or silver outfits. As we entered the school premises, we could hear lovely Christmas Carols. The school was decorated beautifully. Each class had a table to themselves which they had to decorate and the best table would get a prize. Many prizes were distributed on the basis of the girl with the longest hair, one with most colorful dress, one with red shoes etc. Delectable food was organized for us by the school which we loved. It was a fun filled day with a variety of songs being played to which we danced and enjoyed to our hearts content

- BBC Reporter Lakshya Agarwal VI A



'A leader is one, who goes the way, leads the way and shows the way.' Elections are a part and parcel of our school. Like every year, this year too few students from std VIII and IX were nominated for the post of Vice Captains and Captains respectively. The nominees were asked to prepare speeches that would convince the students and teachers to vote for them. They were also asked to prepare speeches that would convince the students and teachers to vote for them. They made striking posters, with 'out-of-the-box' symbols and slogans, which were displayed all around the school. The speeches and campaigning took place on four different days for each house, i.e., from 16th to 22nd January, 2014. The campaigning was carried on by the students with full energy. The election took place on 23 January, 2014 where the students voted for their favourite candidate. The most awaited event 'The Investiture Ceremony' took place on 26 January, 2014. The results of the elections were announced and the New Student Council was declared.

| | CAPTAIN | VICE CAPTAIN |
|--------------|--------------------|---------------------|
| RED HOUSE | - FORAA BUDHBHATTI | ADIL KHAN |
| BLUE HOUSE | - DARSHAN DALIYA | MADIHA MANSOORI |
| GREEN HOUSE | - UPASANA SHAH | JAY SHAH |
| YELLOW HOUSE | - MANSI JAIN | VARSHA SHANKAR |
| GAMES | - ANKIT THAKUR | SACHI PUNJABI |
| HEAD BOY | - NABEEL QURESHI | |
| HEAD GIRL | - JANKI CHAUHAN | |

- BBC Reporters Alisha Ali, Amrita George, Upasana Shah IX



Kai Po Che! (I have cut the kite) were the words echoing everywhere in the school ground on 13th of January, 2014 when primary section celebrated Makar Shankranti with special zeal and fervour. Students of std. I and II were enthusiastically engaged in kite decoration and std III and IV flew colourful kites. It bought a sense of happiness and joy among the students.

English Recitation Competition

Competitions are an integral part of academics helps in building listening, speaking and communication skills. It also brightens thinking and imagination of a person. Recitation competition was held in the month of December. It focused on diction and communication of thought, ideas or feelings with the use of voice modulation. It was a healthy competition and the students enthusiastically participated in it.

ETIQUETTE AND MANNERS

The trends and age-old mannerisms are now a thing of the past. Today's generation is different hence etiquettes and mannerisms too showcased by the students is different. We in our school try to re-enforce etiquettes among our students through varied ways. **SPEAK OUT LOUD.** On the 20th December, 2013 an event called 'Speak Out Loud' was organized under the guidance of Ms. Mobina. Students of std IX tried to inculcate values of 'Etiquette & Manners' through a variety of small skits. Panel for discussion, discussed & gave their views as to how one should behave in certain places, circumstances, show respect to elders etc. Audience was also actively involved in the discussion. All the students look forward to many such events.

- BBC Reporter Ishwari Dewoolkar and Shreya Mohan VIII C

Elocution Competition

Elocution competition was held for the students of standard V to VII on 12 February, 2014 to help them understand the importance of recitation in English Language and to inculcate values among them. The theme given to the students was 'Etiquette and Manners'. Students chose very good poems and recited beautifully. The students who stood first, second and third were awarded certificates.



CAREER COUNSELLING SEMINAR

On 11th and 13th of December, our school had conducted a series of aptitude tests for the students of Std X. The results were discussed during the Career Counselling Seminar held on the 14th of December, 2012 which was mandatory for the students and their parents to attend.

The purpose of the seminar was to help students decide their stream (arts, science and commerce) of education. A detailed knowledge was shared with the students regarding the choice of careers and how to pursue them. Students clarified all their doubts regarding the choice of subjects, the institutes offering the best opportunities etc.

The results of the aptitude tests helped us to understand our ability, interest and personality along with ways and solutions that will be beneficial for our future.

Over all it was a helpful seminar and guided us in a positive manner.

- BBC Reporter Mansi Pant X



BEST WISHES FOR YOUR CAREER

HEALTH IS WEALTH

Our school has been taking initiative to make their students healthy. Hence many workshops are conducted in the school to help the students understand the importance of healthy living.

DENTAL CHECKUP

A dental health programme was organised by "Signature Smiles" for the students of standard I to IV from 27th to 29th on November 2013, which made the students aware of the importance of dental health and hygiene. The process included small general check-up of teeth and gums. The dentist Dr. Nishita suggested how the students can evade the infection and can take proper care of their teeth. With the help of this programme the students were able to preserve their charming smile in the most effortless way.

First Aid Workshop

On 19th December 2013, our school warmly welcomed the regulators from Betadine Company for the First Aid workshop. Students enigmatically displayed their willingness to understand the importance of 'First Aid'.

The host displayed a lot of enthusiasm which was reflected on the students. He openly interacted with the students in an amicable manner. He added a fun element by asking the students to come on the stage and help him demonstrate the right use of first aid.

Along with fun the students learnt quite a lot about this vital topic. We hope that such workshops pop up more often so that these bright minds are put to work.

Jungle Magic Mosquito Banditz

A programme was organized by the 'Jungle Magic Mosquito Banditz' for the students of std II to IV on 6 December, 2013. Jungle Magic Mosquito Banditz Mosquito Repellent wrist bands are first of its revolutionary kind of mosquito repellent product for children, providing them outdoor protection against mosquito bites. It includes the medicinal benefits of citronella oil that helps to repel mosquitoes and helps children to be safe from deadly illnesses caused by mosquitoes such as Malaria, Chikungunya and Dengue. It created awareness among the students to protect themselves against these diseases and to stay healthy.

Kellogg's

"If your child is hungry, they are more likely to be tired, moody and irritable at school. He or she will also find it difficult to concentrate when they are learning too many new things at the same time." To make our students aware of the need and importance of breakfast, a programme was conducted by Kellogg's for the students of standard III and IV, on 9th of December 2013. They emphasised that children should start the day with a healthy breakfast and play with their friends in a safe and nurturing environment.

- BBC Reporter Shaima Sheikh VIII A, Varsha Shankar VIII B



MY INTERVIEW

It is not only the students and teachers that play an important role in schoolthe administrative department also has a major role to play.

The main aim of the BBC club is to develop young budding journalist. Journalism does not only include report writing, photography, editing but interview too is an integral part of journalism .

Two BBC students from middle school interviewed Mr. Ninad Rangnekar who has been with the school since its years of evolution

Lakshya : *Since how many years have you been in this school?*

Ninad Sir : *I have been working in this school since January 2005 and have completed nine years in school.*

Rebecca : *What is your designation in the school ?*

Ninad sir : *I am an accountant in the school.*

Lakshya : *What is the most common issue that students, parents and staff come to you for ?*

Ninad Sir : *Students, parents and staff approach me with regard to financial matters .*

Rebecca : *Sir, you have seen our school grow from baby to what it is now. How do you consider this progress?*

Ninad Sir : *The progress is very good and wish it will continue progressing in leaps and bounds.*

Lakshya : *Sir, where do you see our school ten years from now ?*

Ninad Sir : *I can see the school climbing the ladder of success in everything that it does.*

Sky is the limit! I wish best of luck to the school.

Rebecca : *After school what is your next best that you like to do ?*

Ninad Sir: *I enjoy reading books and watching television .*



CERN - EUROPE TRIP

Who wouldn't wish to go for a trip to Europe? And that too an educational tripWow! Some of the students who joined us for the trip have shared their experiences with us :-
Amisha of VI C says, "My trip to Europe was amazing. We went to many places, but my favourite place was Mount Jungfrau. I would never forget such an amazing experience where I got to learn a lot."

Priyadarshini of IX B says, "It was my dream to visit Europe since I was a child. I was extremely excited to go for this trip. It was such a wonderful experience we visited the Airbus factory, Space centre. We learnt many things about Space. We visited Disneyland and Eiffel tower. These were the best days of my life."

Anam Lashkaria of IX A says "The trip to Europe, an educational trip. It was an amazing experience and I was fortunate to get an opportunity to go to Europe.....All thanks to my dear parents and teachers."

Anaushka Matai from VI A says "I enjoyed every moment of my trip to Europe, It was a fun experience visiting three countries namely France, Switzerland and Germany. I got to visit many beautiful tourist places and also to know my schoolmates better."

Manas Wagh from VI C says, "It was a wonderful experience visiting Europe. I thoroughly enjoyed seeing 'The Eiffel Tower'.....one of the seven wonders of the world. Disneyland was equally enchanting and fun. I would never forget this trip of mine."

Nandini Dham of VIII C says, "The most awaited day had arrived, the 8th November,2013 when we were to begin the most exciting journey, Trip to Europe. We visited many places like Du-etsche, museum in Munich, Zurich where we saw the Cuckoo Clock Factory, then we headed towards the beautiful scenic beauty 'The Rhine Falls'. The next day we visited Mt. Jungfrau, United Nations Building in Geneva, the Caillers Chocolate Factory. Then finally to CERN which was a Nuclear Research Centre. All the places were beautiful. It was not just an educational trip but a fun trip too."

Sejal Agarwal of VI C says, " From 8th November to 18th November, 2013 we went for an educational trip to Europe. We visited many interesting places. Europe is like heaven on Earth and visiting it was a dream come true for me. The two educational places that we visited were United Nation Building and CERN. We also went to Disneyland and Eiffel Tower. It was the most adventurous trip. It was the first time that I was travelling without my family. It was a fun filled trip."



NDTV Workshop



Our school had organized a three-day workshop for all the BBC students of secondary section. Reputed team of three members from NDTV had come from Delhi to conduct the workshop. They were Mr. Ajmal Zami, Head Cameraman, Ms. Rupali Tewari, Special Correspondent and Mr. Devendra Tomar, Senior Engineer.

First two days, we were trained on 'Video Editing and Photography'. We were taught to assemble the camera and to use the same appropriately to capture the right kind of pictures from the right angle. Video Editing was also quite interesting where we were taught to edit a video and make it more appealing and effective by adding captions, sounds and animations.

On the third day, we were divided into groups and asked to shoot small films and edit the same. We were provided with the best of equipments - professional camera, tripod, laptop etc. We felt like reporters while shooting. All groups came up with innovative ideas to shoot the film like -A tribute to Rajesh Khanna, Bullying in School, Female Infantine and Nelson Mandela. Each film was remarkable in its own way. We all got to see each others work and feedback was given by the NDTV team. The workshop was a great exposure to all the BBC students.

-BBC Reporter Upasana Shah & Amrita George IX

*A bigger Leap
towards excellence
for BBC students*



Connecting India Project



Strengthening Partnership with Sai International School

In the past few years, our school CIS has built partnership with many schools at international and national level. One such school is the Sai International School located in Bhubaneswar, Orissa. To strengthen our bond we send box of friendship to each other and have skype conversation. Both the Partner schools participate in the 'Student Exchange Programme' in varied ways enthusiastically and wait eagerly for the same.

The most recent Skype conversation with Sai International School was held on 22 January, 2014. The IX standard students were a part of this. The theme was 'New Year Resolutions'. Esha started the conversation by greeting them in their native language. This was followed by interaction of the students. They shared their New Year resolutions with each other. Each one had a unique resolution to share. Since Republic day and the Elections were round the corner, Foraa and Darshan told them about the preparation and excitement all around the school. Sai International students enjoyed listening to them. It turned out to be a very interesting and fun filled chat between the students of both the schools.

- BBC Reporter Varsha Shankar VIII B



STUDENTS EXCHANGE 19597

Students of City International School visited Sai International School, Bhubhaneshwar, Odisha as an exchange programme under Connecting India Project.



Professional Development

The British Council in collaboration with the SHELL had conducted a workshop on **FUN SCIENCE ENRICHMENT** at Nehru Science Centre from 12 -14 February 2014. Our school took an initiative of sending two teachers Ms. Smita Padgaonkar and Ms. Aamna Hayat Khan, to explore their knowledge through activities to innovate and make science fun.

Mr. George Foster and Ms. Manesty from Boosted Education, England under the aid of British Council gave us hands on experience to measure the thickness of a bubble, to build a dome with newspaper rolls, to make a fire canon using science principles, to make a bouncing custard, a fun experiment by using corn flour.

A BIG QUESTION debate involved all the teachers which threw light on scientific facts. Teachers even took part in building a story which included scientific experiments. They enlightened the modern forensic science by various activities like testing hair and fibres and chromatography. It also included the comparative study of human and animal senses.

The session ended with the building up Robots and its techniques which was conducted by THINKLABS, IIT, POWAI.

Overall the workshop turned up to be an informative, fun loving and activity based which boosted our interest towards science.

STRESS MANAGEMENT

City International School has been organizing many Professional Development Workshops for teachers. One such workshop was conducted by Ms. Prathma Jamble, our counsellor on 'Stress Management'.

In today's world, no one has a stress free life. We all face some or the other stress due to our hectic schedule. It can be a housewife, people working in the corporate or we teachers. Stress Management Workshops have become very popular and are conducted by all the organizations to de-stress their employees.

Ms. Prathma began her workshop by explaining the meaning of the term 'Stress' and its causes along with its effects. She conducted many interesting activities in which the teachers participated enthusiastically. She also taught the teachers many techniques to overcome stress and helped us relax.

At the end of the workshop, everyone was relaxed and went back home on a positive note.



GREEN



SAVE THE PLANET, GO GREEN!

The green school movement is a joint endeavour to create a green and healthy environment in the school. Teachers and students work together to instill awareness of a clean and green atmosphere which will lead to a healthy and pollution-free society.

Students are divided in three groups consisting of 15 students per group. Three activities are undertaken in which all students are involved. The garden patch along the periphery of the compound wall is fenced and developed.

Students are taught how to make a compost pit and fill it up with compost, manure and dried leaves. They learn how to make use of organic waste in a fruitful manner. The compost pit is then covered with gunny bags and soil. Plants are re-potted to enable their healthy growth. This is also undertaken by the students themselves under supervision. Well-grown plants are trimmed and neatly arranged. Every student receives a detailed explanation of all activities undertaken to make the green school movement a success.



Green school movement is about awareness and appreciation for our planet Earth. There is so much to be said about the incredible beauty and serenity that has been placed on earth. The students know the importance of preserving our planet and taking care of it on regular basis. An activity was conducted for the students of standard III & IV on 2nd of December. Aim was to teach the students to trim and water the plants. They were also taught about the mulching, where the students learnt to conserve moisture and improve the fertility and health of the soil.



Revolution has



YGCC Club Activity- Socially Productive Work

Visit to St.Catherine's Home

Friday 14th Februaury, 2014, students of Std IV from the charity club with 4 BBC reporters were taken to St.Catherine's Orphanage. It is a home for almost 400 Orphans founded in 1922, St. Catherine's Home was Ida Dickenson's initiative to provide shelter and an environment of love and care to homeless girls. The ultimate goal of St. Catherine's Home is empowering deprived, abused, underprivileged girls and young women to be confident, qualified, responsible, value based citizens of our country.

Our motto was to inculcate the value of "joy of giving" amongst our students and to make them realize how blessed they are. Our students participated actively and interacted with children and later they entertained them with songs, riddle, jokes and stories. Our school donated odomos, mob sticks, locks etc. Snacks were also provided to the orphanage children.

"The value of generosity and kindness was imbibed in students."



NEWSPAPER DRIVE

As part of the community service in our school, we have newspaper drive, where the students collect old and used newspaper. It's a good way to get used newspaper into the recycling system and whatever money is collected is used for Charity. All students from the Primary section brought used newspapers and the school collected Rupees Eight hundred and ten, which will be used for charity.



As soon as the word charity comes in my mind the first person I think of is "Mother Teresa" who dedicated her life in helping people. The phrase "Charity begins at home" is usually used by the people. But what is 'Charity' and what does it mean? Charity is a kind of monetary, physical and emotional help provided to the needy.

One question always arises in my mind..... That what kind of charity can be provided by us i.e. the students of our age group and how can we bring charity at home. For me it means to be 'Disciplined'.

One can begin charity at home.....in the society.....in the school.....in the district.....in the state and in the country. Thus you can serve your Nation and feel proud to be a perfect citizen of your country.

AAYUSHI J. PATEL IV C

"It's not how much we give but how much love we put into giving"
- Mother Teresa



Supporting the cause of Ratna Nidhi Charitable trust

The Charity club of CIS is supporting the good cause put forth by the Ratna Nidhi Charitable Trust.

The Rotary Club of Bombay, Worli presents an opportunity to the physically challenged person to lead a proud life and stand on his own feet. The Trust fits artificial limbs (Jaipur foot) to an amputee so that he can walk and find a place in society with hope and pride. It is done absolutely free of cost to the beneficiaries.

If any student, teacher or non-teaching staff comes across such a deserving candidate they can contact Ms. Rehana or Ms. Chabbria.

ACHIEVEMENTS

OUR SCHOOL IS A MEMBER OF UNESCO PARIS UNDER ASP NET (ASSOCIATED SCHOOL'S PROJECT NETWORK)

Congratulations!!

Nabeel Qureshi, Sr: IX-B, won silver medal in DSU Zonal level Judo Championship.



NEW YORK OLYMPIAD was held during 9TH TO 13TH Sept for students of 1-7, many students received gold medals and gifts were also given to Tridip Shome VII A, R. Anish Sudan VI A, Parth Arora IV B

CITY INT'L SCHOOL BAGS 23 MEDALS AT ANNUAL JUDO EVENT

HT Correspondent

MUMBAI: City International School, Andheri (West), won more than 20 medals at the recently held Mumbai School Sports Association's (MSSA) Annual Inter Schools Martial Arts (Judo) Tournament 2013-2014.

The event was held on December 13 and 14 at the District Sports Office, Dharavi Sports Complex Sion.

The students of the school were coached by Suresh Bhat, the head of department of physical education.

Several students made the school proud by bagging 23 medals which included five gold, five silver and thirteen bronze medals.

The school secured the second position overall in Mumbai with 48 points in total.



36th Probodhan Kridamahotsava - 2013
Inter School Karate Competition
Date - 12 December 2013

WINNERS

| | | | |
|---|-----------------|-------|------------------------------|
| 1 | Ronnan Cutinho | | |
| 2 | Shaan Sawant | III C | 2 nd Silver medal |
| 3 | Devish Kanshara | III A | 2 nd Silver medal |
| 4 | Arshaan Joshi | III B | 3 rd Bronze medal |
| | | III B | 3 rd Bronze medal |

Cricketing talent at its best

City International School in Andheri (W) organised an Inter School Box Cricket Tournament for U/12 and U/14 Boys recently. The tournament was held in memory of Late Nandan S Dixit founder of City International Schools. The event began with an opening ceremony followed by matches on knockout cum league format. Schools from Andheri to Borivali participated with great enthusiasm and the spirit to win. The trophies were bagged by Vibgyor High, Goregaon (West) U/12 and Saint Arnold's School Andheri (East) U/14. The event ended with the



Prize winners cheer their victory

director Dr. N V Wagh giving away the prizes and appreciating the Physical Education team for their unstinted support and co-operation.



Community Coverage **PARSI TIMES**
SATURDAY, FEBRUARY 01, 2014

Kudos Katha Champ!

Cheragh Kamode, 9 years old earned the first place (Gold Medal) in the Individual Katha Event in the XXXII 32nd Japan Karate Association of India in the All Maharashtra State Level Championship held at Dahisar recently, below 10 years. Boys kyu-level. He also won first place in Inter-House Karate champion held at school.

Besides academic, Cheragh who studies at City International school is also good at Karate, Cricket, Chess, Athletics, Art and Singing. He attributes his success to his Karate teacher Mr. Surendra Tiwari of City International School for his sincere efforts under whose training and guidance he has been for the past 2 years.



Japan Karate Association of India - Maharashtra State Branch
32nd All Maharashtra JAKI KARATE Championship held at Dahisar Sports Foundation
Date - 14th & 15th December 2013

Winners - Cheragh Kamode IV B 1st place Gold Medal
Men's Category - Surendar Tiwari 1st place Gold Medal (Kata)
2nd place Silver Medal (Fight Kumitc)

FAREWELL ASSEMBLY

Say cheeeessssseeee ! ! ! !



RING
A
RING
O'ROSES
WE ALL
HAVE A
BASH
A POKET FULL OF POSES
HASHA HUSHA



Unintended

Caught your smile
in candid camera



EDITORIAL NOTE

"Plants are shaped by cultivation and men by education. We are born weak, we need strength; we are born totally unprovided, we need aid; we are born ignorant, we need judgement. Everything we do not have at our birth and which we need when we are grown is given to us by education."

- Jean Jacques Rousseau



It gives me immense pleasure and joy in taking this opportunity to inform all our readers that we have successfully published the third volume of SPECTRUM, 2013-2014.

Both teachers and parents have an equal share in training these young minds in the multi-tasking process of leadership qualities, personal vision, extra-curricular activities, community service and helping them to dream big in pursuit of excellence.

At CIS, we provide overall education. As we all know, "NOTHING SUCCEEDS LIKE SUCCESS" and we have proved this rightly by excelling in all spheres. We have the calibre and competence to win and succeed.

Our school newsletter is a forum for our budding talents to pen their creative ideas and give vent to their literary pursuits. This we are trying to do through our newsletter 'Spectrum' which is published quarterly.

Our BBC Team of students are excelling each day and hence make us proud.

I place on record my earnest appreciation and congratulate all our stakeholders for all the achievements in academics, sports, and extra-curricular activities conducted in the school and globally.

I extend my heartfelt thanks to the editing team and the students who have contributed to this edition.

I do hope in years to come, CIS will stand tall and will be a proud lighthouse of education and may all our students who excel and pass out, look back with gratitude and affection at their Alma Mater. As always we will continue to strive for

EXCELLENCE.....EVERYWHERE.....EVERYTIME...

Ms. Suvarna Kaur Alag, BBC Editor



BBC students guided by BBC teachers

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